



# LOCKDOWN LETTER

## Wednesday 25 August 2020

The past week has brought sobering news of the power of the Covid Delta variant and its effect on our communities. While some are enjoying their time of isolation and “downing tools”, others are struggling with added pressures of frontline work and others are feeling disconnected. Let’s stay in touch with each other. Thank you to those who are caring for us through telephone calls, providing worship resources and holding our church and community centre through yet another challenging lockdown. Let’s all continue to pray for our church family, community and our country’s leaders.

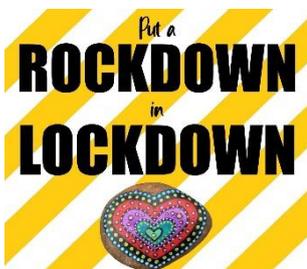
**Lockdown Worship:** Ian Kilgour has kindly agreed to prepare another “email” worship reflection for us this week. Thank you Ian. If any of you would like to take this opportunity to share a short reflection please let Jill know.

We are also invited to join the virtual community of St Andrew’s Presbyterian Church in Symonds Street in worship. Thank you Rev David Williams for sharing your worship service with us.

Both these worship resources will be emailed to members on Saturday afternoon. We appreciate your feedback on these resources.



**Food for hunger:** Lockdown can create space for inspiring ideas to emerge. Bill Duncan shared one such inspiration this week. He poses a challenge to all church and community centre participants to contribute one item of food (cans and packages) every time they visit the centre. His dream is that by Christmas we will have “towers of food” to donate to the Salvation Army and local foodbank. Let’s do it. Bill has got us off to a great start by purchasing the first 30 cans of food this week!



**Rockdown for rock towns:** Our Small Miracles and OSCAR children have been creating friendly rocks to welcome people at “rock towns” outside our church and Glendowie community centre. Have a peak if you’re walking past and invite children in your midst to have a go at creating their own colourful rocks to add. Check out the photos on our [facebook](#) page.



**Lockdown Support:** If you'd appreciate a weekly chat with someone from our church please let these people know: Patsy Cochrane ([patsyandbraid@icloud.com](mailto:patsyandbraid@icloud.com) , phone 5218219, 021 024 00417) or Isabella Tedcastle ([izo.ted@xtra.co.nz](mailto:izo.ted@xtra.co.nz), phone 575 5323 or 021 776 263) or anyone on our pastoral care team. Thank you to those who have offered to be our "callers".

**Well-being in a challenging time:** Don't forget to refer to the excellent well-being tips provided for us by our elder and counsellor Paul Williams.

**Lockdown Inspiration:** Read a good book, watched a good film or TV series, listened to a good Youtube talk or podcast? Let us know (email: [jillkaysernz@gmail.com](mailto:jillkaysernz@gmail.com)) and we'll share it with others. Paul Kayser was reminded of a beautiful sung rendition of the scripture the Lord bless you... (Numbers 6:24-26) presented by churches around New Zealand in 2020. Click [here](#) to enjoy it. Ruth Humphrey shared a lovely reflection from Dame Judi Dench called [My passion for trees](#). We hope you enjoy these. Please share your moments of "lockdown inspiration" with us.

Stay safe and well. God bless.

**Jill Kayser, Transition Facilitator**