



# LOCKDOWN LETTER

## Wednesday 1 September 2021

Today is officially the first day of Spring. It reminds me of a poem my father used to recite to me in his strong Scottish accent when I was a little girl: **The spring is sprung, the grass is riz, I wonder where the boidy is. The boidy's on da wing. Nah, dat's absoid, the wing is on da boid.**

Let's hope we soon get to spring out of this season we call "lockdown". Please continue to keep in touch with each other and if you'd like to receive a regular lockdown call please let Patsy Cochrane (Phone: 5218219, 021 024 00417) or Isabella Tedcastle (phone 575 5323, 021 776 263) know.

Please continue to pray for our church family, community and our country's leaders.

**Lockdown Worship:** Patsy Cochrane was due to lead us in an interactive intergenerational Fathers' Day service this Sunday so instead she has crafted a written reflection. Thank you Patsy. If any of you would like to take this opportunity to share a short reflection please let Jill know.

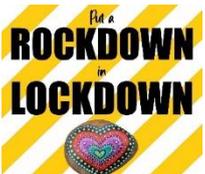
We are also invited to join the virtual community of St Andrew's Presbyterian Church in Symonds Street in worship. Thank you Rev David Williams for sharing your worship service with us.

Both these worship resources will be emailed to members on Saturday afternoon. We appreciate your feedback on these resources.

**Your opinions are important:** Attached to this email is a **survey** in which we invite you to respond to two important questions namely: **What are we doing well?** and **What could we do better?** We look forward to hearing from you. Please use the attached form to respond.



**Food for hunger:** A reminder to purchase an extra can or packaged food item each week to add to our food tower that will be created in our church foyer after lockdown. Thank you Bill Duncan for this initiative to help those in need.



**Rockdown for rock towns:** Our Small Miracles and OSCAR children have been creating a colourful "rock town" outside our church and Glendowie community centre. Have a peak if you're walking past and invite children in your midst to create their own friendly rocks to add. See more on our [facebook](#) page.

**Lockdown Inspiration:** Read a good book, watched a good film or TV series, listened to a good Youtube talk or podcast? Let us know (email: [jillkaysernz@gmail.com](mailto:jillkaysernz@gmail.com)) and we'll share it with others. I'm re-reading Dale Carnegie's timeless book "How to stop worrying and start living." I'm always recommending it to others so thought I'd read it again as it was 30 years ago I first read it. Still a good read full of helpful strategies. What's inspiring you this lockdown?

Stay safe and well. God bless. **Jill Kayser, Transition Facilitator**

